

OCTOBER  
2020

# COVID-19 RESOURCES FOR STUDENTS AND FAMILIES

EDUCATION REIMAGINED  
IN THE BAY

# NOTE TO THE READER

This is a compilation of resources meant to address the equity gaps in access to educational, social, emotional, and basic needs supports amid the Covid-19 Pandemic. While some are specific to the Northern California Bay Area, the majority are available on a national and global scale. We hope that centralizing all of these resources in one place will help offer students and families a reference guide in seeking the support they need during this difficult time.



# TABLE OF CONTENTS

Pages 1-2: Virtual Mentorship

Pages 3-6: General Distance Learning

Pages 7-8: Resources for Students with  
Special Needs and/or Disabilities

Pages 9-11: English Language Learners

Pages 12-13: Bilingual/Multilingual Learners

Pages 14-15: Social and Emotional Supports

Page 16: Technology and Internet Access

Pages 17-18: Physical Education at Home

Pages 19-22: Teaching/Home Education  
Resources for Parents

Pages 23-27: Fun Activities at Home

Pages 28-30: Food, Housing, Childcare  
Access





# VIRTUAL MENTORSHIP AND TUTORING

## 1. Zoom Mentors/Bridging Berkeley Math Mentoring (Berkeley Unified Specific)

Link: [https://publicservice.berkeley.edu/bridging-berkeley-mentor-application?](https://publicservice.berkeley.edu/bridging-berkeley-mentor-application?fbclid=IwAR053UlxYRpvREXYZRUBZihcjiVPJXdEgfr6H2EeMAXrQ-sz-mvNPv4bcPU)

[fbclid=IwAR053UlxYRpvREXYZRUBZihcjiVPJXdEgfr6H2EeMAXrQ-sz-mvNPv4bcPU](https://publicservice.berkeley.edu/bridging-berkeley-mentor-application?fbclid=IwAR053UlxYRpvREXYZRUBZihcjiVPJXdEgfr6H2EeMAXrQ-sz-mvNPv4bcPU)

## 2. MOTIVATE: Virtual Mentoring Program in the Montebello Unified School District

Link: <https://docs.google.com/forms/d/e/1FAIpQLSeM4NuBRquopjIrsCAGR1FMnPRC-2TqVN4KQyflwoCvAoV6Gg/viewform>

## 3. Connect-in-Place: A free online “after school camp” for youth

Link: <https://www.connectinplace.org>

## 4. Bored of Boredom: Virtual classes and community for youth

Link: <https://www.boredofboredom.org>



5. Paper Airplanes: A non-profit organization that matches conflict-affected individuals with personal tutors for 12-16 week sessions

Link: <https://www.paper-airplanes.org>

6. CovEd Virtual Zoom Tutoring/Mentoring

Link: <https://www.coved.org>

7. EBL Coaching: Multisensory Tutoring

Link: <https://eblcoaching.com>

8. Learn to Be: 1-on-1 online tutoring

Link: <https://www.learntobe.org>

9. SendforC: Student-led educational mentorship programs for K-12 youth that fosters the development of STEM research & social entrepreneurship initiatives addressing community issues.

Link: <http://sendforc.org>

# GENERAL DISTANCE LEARNING RESOURCES

1. Khan Academy: Free world class education for everyone

Link: <https://www.khanacademy.org>

2. Age of Learning, Free Access to ABC Mouse, Adventure Academy, and Reading IQ with access code: School7771

Link: <https://www.ageoflearning.com/schools>

3. PBS Learning Media for Students (for all grade levels)

Link:

<https://docs.google.com/document/d/1fcncMRtJfK2n6SteMe8lq-fBK7HUBjyl-GnTLgtve8/edit#>

4. BrainPOP: Free access through the end of the 2020 to engaging content for multiple subjects and grade levels

Link: <https://www.brainpop.com/>

5. California Department of Education: Free Educational Resources for Distance Learning

Link: <https://www.cde.ca.gov/ci/cr/cf/distancelearnresources.asp>

6. Arcademics: Free multiplayer educational games, math games, language arts games, and more!

Link: <https://www.arcademics.com>

7. Learn at home with PBS Kids! (For young children)

Link: <https://pbskids.org/video/livetv>

8. Quill: Free writing and grammar activities for elementary, middle, and high school students.

Link: <https://www.quill.org>

9. Watch Know Learn (Educational Videos)

Link: <http://www.watchknowlearn.org>

10. Nysci: At Home STEM Activities

Link: <https://nysci.org/home/nysci-home-resources/>

11. CK-12: Personalized Learning and E-learning resources

Link: <https://www.ck12.org/student/>

12. NeoK12: A collection of educational videos, games, quizzes, diagrams, and puzzles

Link: <https://www.neok12.com>



13. Science for Kids: Curriculum, games, projects, quizzes, and more!

Link: <https://www.sciencekids.co.nz>

14. Project Gutenberg: A library of over 60,000 free ebooks

Link: <http://www.gutenberg.org>

15. International Children's Digital Library

Link <http://en.childrenslibrary.org>

16. Reads: Digital Children's Books

Link: <https://literacy.concordia.ca/reads/index.html#en>

17. AAA Math: A collection of arithmetic lessons for students

Link: <http://www.aaamath.com>

18. NRICH: Math at home by Cambridge

University <https://nrich.maths.org/frontpage>

19. World: At Home Learning Broadcast

Link: <https://worldchannel.org/at-home-learning/>

20. College Board AP Daily Faculty Lectures

Link: [https://www.youtube.com/user/advancedplacement?SFMC\\_cid=EM294616-&rid=47352283](https://www.youtube.com/user/advancedplacement?SFMC_cid=EM294616-&rid=47352283)

21. Scholastic Learn at Home for Students and Families

Link: <https://learnathome.scholastic.com/thanks.html>

22. NASA STEM Engagement

Link: <https://www.nasa.gov/stem>

23. Exploratorium: Learning Toolbox

Link: <https://www.exploratorium.edu/learn>

24. Kolibri: Offline application for universal education (Making high quality education available in low resource communities)

Link: <https://learningequality.org/kolibri/>

25. KQED: At Home Learning Resources During the COVID-19 Pandemic (including video playlists and activities)

Link: <https://www.kqed.org/education/athomelearning>

# DISTANCE LEARNING RESOURCES FOR STUDENTS WITH SPECIAL NEEDS AND/OR PHYSICAL DISABILITIES

1. Educating All Learners During the Covid-19 Disaster: An Alliance Dedicated to Equity for Complex Learners

Link: <https://www.educatingalllearners.org>

2. Transforming Education with Technology: Chrome Extensions for Struggling Students with Special Needs:

Link: <https://www.controlaltachieve.com/2016/10/special-needs-extensions.html>

Link: <https://www.controlaltachieve.com/p/resources.html>

3. Bookshare online library: For students with dyslexia, blindness, cerebral palsy, and other reading barriers

Link: <https://www.bookshare.org/cms/help-center/learning-center/school-closure>



4. Center on Online Learning and Students with Disabilities

Link: <http://www.centerononlinelearning.res.ku.edu>

5. Accessibyte: Fun, Funky, Fully Accessible Apps for Blind and Low Vision Students

Link: <https://www.accessibyte.com>

6. Kids Stories in ASL:

Link: [https://dpan.tv/programs/collection-vvevex5tooe?](https://dpan.tv/programs/collection-vvevex5tooe?fbclid=IwAR2y6hkZ_B066h_N8fTQ3GOviev2M6xaHiaVDW7ZRGjhx4k_4OZr0-ugm0)

[fbclid=IwAR2y6hkZ\\_B066h\\_N8fTQ3GOviev2M6xaHiaVDW7ZRGjhx4k\\_4OZr0-ugm0](https://dpan.tv/programs/collection-vvevex5tooe?fbclid=IwAR2y6hkZ_B066h_N8fTQ3GOviev2M6xaHiaVDW7ZRGjhx4k_4OZr0-ugm0)

7. The Autism Helper: Emergency Homeschool Kit

Link: [http://theautismhelper.com/emergency-home-school-kit/?fbclid=IwAR2EbHpVPy8\\_fl4Zj5X-](http://theautismhelper.com/emergency-home-school-kit/?fbclid=IwAR2EbHpVPy8_fl4Zj5X-TQnPi3t4IH3hFKPanbhV3Qx1-TIMx3Qlwq9_oDo)

[TQnPi3t4IH3hFKPanbhV3Qx1-TIMx3Qlwq9\\_oDo](http://theautismhelper.com/emergency-home-school-kit/?fbclid=IwAR2EbHpVPy8_fl4Zj5X-TQnPi3t4IH3hFKPanbhV3Qx1-TIMx3Qlwq9_oDo)

8. Positively Autism - Making Learning Fun & Meaningful for Kids with Autism (Free lesson plans and activities)

Link: <https://www.teacherspayteachers.com/Store/Nicole-Caldwell>

9. E-Buddies: Promotes social inclusion online for people with intellectual and developmental disabilities.Link:

<https://www.bestbuddies.org/what-we-do/ebuddies/>

# DISTANCE LEARNING RESOURCES FOR ENGLISH LANGUAGE LEARNERS

1. Learning Forward: Supporting Equity for for English Learners  
During the Pandemic Coronavirus

Link: <https://learningforward.org/2020/04/supporting-equity-for-english-learners-during-the-coronavirus-pandemic/>

2. English Language Learning Games

Link: <https://www.vocabulary.co.il/english-language-games/>

3. English for Everyone: Printable Worksheets

Link: <https://www.englishforeveryone.org>

4. ESL Cyber Listening LabLink: <https://www.esl-lab.com>

5. ESL Video: Free Online conversation classes, quizzes and lessons

Link: <https://www.eslvideo.com/index.php>

## 6. ESL Storybank

Link:

[http://www.refugeeone.org/uploads/1/2/8/1/12814267/pre-beginning\\_esl\\_story\\_bank.pdf](http://www.refugeeone.org/uploads/1/2/8/1/12814267/pre-beginning_esl_story_bank.pdf)

## 7. ESL games for all levels

Link: <http://www.eslgamesworld.com/members/games/>

## 8. Activities for ESL students

Link: <http://a4esl.org>

## 9. LaBonte's English Conversation Patterns: Youtube tutorial and Podcast series

Link: <https://www.labonteesl.com/about>

## 10. Brain Pop ELL: Multi-level interactive learning tools

Link: <https://ell.brainpop.com>

## 11. English Media Lab

Link: <http://www.englishmedialab.com>

## 12. BBC Learning English

Link: <https://www.bbc.co.uk/learningenglish/>



13. VOA: Learning English with videos and digital curriculum  
Link: <https://learningenglish.voanews.com>
14. English Central: Videos and Online Courses, Register for Free  
Link: <https://www.englishcentral.com/browse/videos>
15. English Language Learning: Listen and Read  
Link: <http://esl-bits.net>
16. Literacy Works Story Archives  
Link: <http://literacynet.org/cnnsf/archives.html>
17. Unite for Literacy: Virtual Library  
Link: <https://www.uniteforliteracy.com>

# DISTANCE LEARNING RESOURCES FOR BILINGUAL/MULTILINGUAL LEARNERS

## 1. Distance Learning Resources for Dual Language Learners

Link: <https://earlyedgecalifornia.org/coronavirus-resources-for-dual-language-learners/>

## 2. GCF Free Learning Resource for native speakers of Spanish, Chinese, Arabic, French, Korean, and more!

Link: <https://edu.gcfglobal.org/en/learnenglish/>

## 3. PBS Digital Resources for Bilingual Learners Grades PreK-5

Link: <https://www.kqed.org/education/533457/pbs-digital-resources-for-bilingual-learners-grades-prek-5>

## 4. Bilingual Kidspot: Language Resources for Kids around the World

Link: <https://bilingualkidspot.com/language-resources-bilingual-multilingual/>

5. Think Bilingual: Spanish Only Online Resources

Link: <https://austin.thinkbilingual.org/spanish-only-online-resources/>

6. The Fable Cottage: Bilingual Tales for Learners

Link: <https://www.thefablecottage.com>

7. Colorín Colorado: A Bilingual Site for Educators and Families of English Language Learners

Link: <https://www.colorincolorado.org/coronavirus>

8. Ejercicios de Matemáticas Gratis

Link: <https://www.mateslibres.com>

9. NY Statewide Language Regional Bilingual Education Resource Network

Link: <https://steinhardt.nyu.edu/metrocenter/language-bern/education/glossaries-ells-mlls-accommodations>

10. Storyweaver: Virtual Books and Activities in Multiple Languages

Link: <https://storyweaver.org.in>

# SOCIAL AND EMOTIONAL RESOURCES FOR STUDENTS AND FAMILIES

## 1. Move This World: Remote Learning Resources for Social and Emotional Learning

Link: <https://www.movethisworld.com/category/supporting-mental-health-covid-19/>

## 2. Learning Keeps Going: Covid-19 Webinars and Podcasts on Learning During the Pandemic

Link: <https://www.learningkeepsgoing.org/webinars>

## 3. CASEL Cares Initiative: Connecting the SEL Community (Social and Emotional Learning)

Link: <https://casel.org/covid-resources/>

## 4. Do2Learn: Thousands of free pages with social skills and behavioral regulation activities and guidance, learning songs and games, communication cards, academic material, and transition guides for employment and life skills.

Link: <https://do2learn.com>

5. Social and Emotional Foundations for Early Learning

Link: <http://csefel.vanderbilt.edu/resources/strategies.html>

6. Emotional ABC: A teacher-led, research-based Social Emotional Learning (SEL) curriculum that provides 20 sequential Workshops and support materials for K-3 students

Link: <https://www.emotionalabcs.com/teachers/>

# TECHNOLOGY RESOURCES AND INTERNET ACCESS

## 1. Wide Open School: Internet Access and Devices

Link: <https://wideopenschool.org/families-and-teachers/access-for-all/>

## 2. Free Tech For Learning

Link: <https://www.learningkeepsgoing.org/free-tech-for-learning>

## 3. OCR Short Webinar on Online Education and Website Accessibility

Link: <https://www.youtube.com/watch?v=DCMLk4cES6A&feature=youtu.be>

## 4. Everyoneon: Connecting Low-Income Families to Affordable Internet Services and Computers

Link: <https://www.everyoneon.org>

## 5. One Laptop Per Child: Provides each child with a low-cost, low-power, connected laptop

Link: <http://one.laptop.org>

# PHYSICAL EDUCATION AT HOME

1. The Daily Mile: Goal to improve the physical, social, emotional and mental health and wellbeing of our children – regardless of age, ability or personal circumstances.

Link: <https://www.thedailymile.us>

2. OPEN: Online Physical Education Network

Link: <https://openphysed.org/activeschools/activehome>

3. PE At Home: Activities and Resources to Stay Active at Home

Link: [https://www.youtube.com/watch?v=MzGYBV\\_XQEc](https://www.youtube.com/watch?v=MzGYBV_XQEc)

4. Cosmic Kids Yoga

Link: <https://www.youtube.com/user/CosmicKidsYoga>

5. The Kids Coach: A place for fitness and wellness, just for kids.

Link: <https://thekidscoach.tv>

6. Moovlee: Using exercise, meditation and breathing techniques to help children with their social, emotional and physical development.

Link: <https://www.youtube.com/c/Moovlee/featured>



## 7. Kidz Bop Dance Along Videos

Link: <https://www.youtube.com/playlist?list=PLMr-d2PLsO95ydptpBnsxdQNSKc9iUNU0>

8. GoNoodle: Engaging 14 million kids every month with movement and mindfulness videos created by child development experts. Available for free at school, home, and everywhere kids are!

Link: <https://www.gonoodle.com>

9. Shape America Society of Health and Physical Educators: Physical Education/Physical Activity Calendars

Link:

[https://www.shapeamerica.org/publications/resources/teachingtools/teachertoolbox/Teachers\\_Toolbox.aspx](https://www.shapeamerica.org/publications/resources/teachingtools/teachertoolbox/Teachers_Toolbox.aspx)

10. Fit Sanford: a health activation program from Sanford Health, developed to empower children and parents to make healthy lifestyle choices that help prevent childhood obesity.

Link: <https://fit.sanfordhealth.org>

11. Tennis at Home Virtual Activity Videos

Link: <https://netgeneration.usta.com/us-en/tennis-at-home.html>

# TEACHING+HOME EDUCATION RESOURCES FOR PARENTS

1. Actively Learn: Digital Curriculum Which Drives Engagement and Equity in the at Home Classroom

Link: <https://www.activelylearn.com>

2. Remote Learning Resources for Families and Educators by NYU

Link:

[https://docs.google.com/presentation/d/1QC2ewnv1xPFnvUfLcKaCOV4-id9jnyG1-8uEYfjB5TQ/edit#slide=id.g717a3b7ffa\\_0\\_445](https://docs.google.com/presentation/d/1QC2ewnv1xPFnvUfLcKaCOV4-id9jnyG1-8uEYfjB5TQ/edit#slide=id.g717a3b7ffa_0_445)

3. Digital Resources for Overwhelmed Parents

Link: <http://digitallearning.educatorpages.com>

4. A Parent's Guide to Virtual Learning: 4 Actions to Improve Your Child's Experience With Online Learning

Link: <https://www.nclld.org/wp-content/uploads/2020/03/A-Parents-Guide-to-Virtual-Learning-4-Actions-To-Improve-your-Childs-Experience-with-Online-Learning.pdf>

5. CommonLit: Free parent and teacher accounts with reading and writing resources for grades 3-12, appropriate for multiple subjects

Link: <https://blog.commonlit.org/free-resources-to-support-teleschool-plans-covid-19-5b3955333e05>

6. PBS Kids Newsletter with activity and lesson ideas for parents

Link: <https://www.pbs.org/parents/newsletter>

7. African-American Homeschool Moms: Cultivating Confident Learners from the Comfort of Home

Link: <http://www.africanamericanhomeschoolmoms.com>

8. A Parent Guide to Home Learning During the Coronavirus

Link: <https://www.samchaltain.com/a-parent-guide-to-homeschooling-during-the-apocalypse>

9. Wide Open School: Family and Teacher Center (Back to School Guide for Families)

Link: <https://wideopenschool.org/families-and-teachers/for-families/>

10. Learning Keeps Going: Activities and Lessons, Learning Tips, Advocating for Equity, Digital Citizenship, and Managing Stress

Link: <https://www.learningkeepsgoing.org/parents>

11. Read Write Think: Parent and Afterschool Resources Link:  
<http://www.readwritethink.org/parent-afterschool-resources/>
12. Learn at Home for Families Link:  
<https://learnathome.scholastic.com>
13. Building Positive Conditions for Learning at Home: Strategies and Resources for Families and Caregivers  
Link: <https://www.air.org/resource/building-positive-conditions-learning-home-strategies-and-resources-families-and-caregivers>
14. The Afterschool Alliance: Afterschool and Summer in the Time of Covid-19 (Virtual Programming, Meals, and More)  
Link: <http://afterschoolalliance.org/covid/>
15. Help Kids Manage Anxiety around the Coronavirus  
Link: <https://gozen.com/coronavirus-anxiety/>
16. Amazing Educational Resources: A network of educators sharing resources and support  
Link: <https://www.amazingeducationalresources.com>

17. Advice to Parents on Maximizing Privacy and Minimizing Screen Time While Your Child's School is Closed.

Link: <https://www.studentprivacymatters.org/advice-to-parents-whose-childrens-schools-are-being-closed/>

18. Reading Rockets: Reading Tips for Parents in Multiple Languages

Link: <https://www.readingrockets.org/article/reading-tips-parents-multiple-languages>

19. SFUSD: Student and Family Resources for Learning, Community, and Basic Needs (Bay Area Specific)

Link: <https://www.sfusd.edu/learning/resources-learning/continuity-learning/families>

20. San Mateo Office of Education: Student and Family Resources for Learning, Community, and Basic Needs (Bay Area Specific)

Link: <https://www.smcoe.org/other/for-families/>

# FUN AND ENGAGING ACTIVITIES FOR KIDS AND FAMILIES AT HOME

1. Covid-TV: The Only Online Community for Teenagers to Share Their Coronavirus Stories and Take Action

Link: <https://www.covid-tv.com>

2. Ear Snacks: A podcast for parents and kids

Link: <http://andrewandpolly.com/earsnacks/>

3. Newsela: Current events content and activities

Link: <https://newsela.com/about/distance-learning/>

4. Book Club for kids

Link: <https://www.bookclubforkids.org>

5. Kanopy: Stories and Movies for kids free with your library card

Link: <https://www.kanopy.com/kids>

6. RadioLab for Kids: Kid friendly stories curated by Radio Lab

Link: <https://www.wnycstudios.org/podcasts/radiolab-kids>

7. TedEd: Videos, Articles, and Lessons for kids

Link: <https://ed.ted.com/lessons>

8. Cook-Along Instagram Live Classes for Kids and Parents

Link: [https://www.delish.com/food-news/g31786555/delish-instagram-live-kids-cooking-class/?utm\\_source=facebook&utm\\_medium=social-media&utm\\_campaign=socialflowFBDEL&fbclid=IwAR3WwLgsobgUvMOrRScvU9hKuQdmpAj1h2dJ8s8qWDaY7tCMtvMreRragU](https://www.delish.com/food-news/g31786555/delish-instagram-live-kids-cooking-class/?utm_source=facebook&utm_medium=social-media&utm_campaign=socialflowFBDEL&fbclid=IwAR3WwLgsobgUvMOrRScvU9hKuQdmpAj1h2dJ8s8qWDaY7tCMtvMreRragU)

9. Open Culture: Learn 48 Languages Online for Free: Spanish, Chinese, English & More

Link: <http://www.openculture.com/freelanguagelessons>

10. Open Culture: Visit 2+ Million Free Works of Art from 20 World-Class Museums Free Online

Link: <http://www.openculture.com/2016/05/1-8-million-free-works-of-art-from-world-class-museums-a-meta-list.html>

11. SFMOMA: Virtual Classroom Educational and Art Resources

Link: <https://www.sfmoma.org/educators/classroom/>

12. National Geographic Kids

Link: <https://kids.nationalgeographic.com/explore/countries/>

13. BBC Music Planet: The World Music Archive

Link:  
<https://www.bbc.co.uk/programmes/articles/1QYgDsWdg6pfC7gSf3VCSD7/world-music-archive>



14. Space Foundation Discovery Center: Virtual Field Trips  
Link: <https://www.discoverspace.org/education/virtual-field-trips/>
15. NASA's Eyes: Experience Earth and the Solar System  
Link: <https://eyes.nasa.gov>
16. Storyline Online: Videos featuring celebrated actors reading children's books alongside creatively produced illustrations.  
Link: <https://www.storylineonline.net>
17. Lunch doodles with Mo Willems: Interactive Youtube Series  
Link: [https://www.youtube.com/playlist?list=PL14hRqd0PELGbKihHuTqx\\_pbvCLqGbOkF](https://www.youtube.com/playlist?list=PL14hRqd0PELGbKihHuTqx_pbvCLqGbOkF)
18. National Aquarium: Aquatic Activities at Home from Word Searches to Arts and Crafts  
Link: <https://aqua.org/stories/03-12-2020-at-home-aquatic-activities>
19. San Diego Zoo Kids: Stories, Activities, Games, and Videos  
Link: <https://kids.sandiegozoo.org>
20. Google Arts and Culture: Virtually Explore and Learn about Art Collections from Around the World  
Link: <https://artsandculture.google.com/explore>

21. Virtual tours of the Louvre

Link: <https://www.louvre.fr/en/visites-en-ligne>

22. National Wildlife Federation: Lesson Plans and Webinars on Nature

Link: <https://www.nwf.org/Educational-Resources/Educator-Tools/Lesson-Plans-and-Webinars>

23. Association of Zoos and Aquariums: Interactive Animal Books

Link: <https://www.uniteforliteracy.com/aza/safe>

24. National Zoo Live Animal Webcam

Link: <https://nationalzoo.si.edu/webcams>

25. Monterey Bay Aquarium Live Feed

Link: <https://www.montereybayaquarium.org/animals/live-cams>

26. Common Sense Education: Virtual Field Trip Apps and Websites

Link: <https://www.commonsense.org/education/top-picks/virtual-field-trip-apps-and-websites>

27. Virtual Tours of the Smithsonian Museum

Link: <https://www.smithsonianmag.com/smithsonian-institution/how-virtually-explore-smithsonian-your-living-room-180974436/>

28. Duolingo: Free App-Based Foreign Language Learning

Link: <https://www.duolingo.com>

29. New York Times: Students Can Respond to Daily Writing Prompts, Inspired by The New York Times, at Home for Free

Link: <https://www.nytimes.com/2020/03/15/learning/students-can-respond-to-daily-writing-prompts-inspired-by-the-new-york-times-at-home-for-free.html>

30. KidNuz: Daily news stories for kids

Link: <https://www.kidnuz.org>

# FOOD, HOUSING, CHILDCARE, AND OTHER RESOURCES (SOME BAY AREA SPECIFIC)

## 1. Food Bank of Contra Costa and Solano

Link: <https://www.foodbankccs.org/get-help/foodbycity.html>

## 2. Berkeley City Food Pantry

Link: <https://www.berkeleyfoodpantry.org>

## 3. UC Berkeley Food Pantry

Link: <https://pantry.berkeley.edu>

## 4. Alameda County Community Food Bank

Link: <https://www.accfb.org/health-and-safety/>

## 5. SF-Marin Food Bank

Link: <https://www.sfmfoodbank.org/response-to-covid19/>

## 6. Santa Clara County Food Resources

Link:

<https://csj.maps.arcgis.com/apps/webappviewer/index.html?appid=ddf8ba621416421ebd3fa5ebeeb5e684>

7. Bay Area Council: COVID-19 Response and Resource Network  
Link: <https://www.bayareacouncil.org/covid19/>
8. Grab and Go Meals Available for SFUSD Students  
Link: <https://www.sfusd.edu/services/health-wellness/nutrition-school-meals>
9. Bay Area Meal School Pick Ups  
Link: <https://siliconvalleystrong.org/get-help/food-distribution/bay-area-meal-school-pickups/>
10. Covid Food Assistance San Jose: Free Prepared Meals for Children and Youth  
Link: <https://www.sanjoseca.gov/home/showdocument?id=56301>
11. Resources for San Mateo County Residents Impacted by the Covid-19 Response  
Link:  
<https://hsa.smcgov.org/sites/hsa.smcgov.org/files/Resources%20for%20COVID%20Impacts%204-3-20.pdf>
12. Wide Open School: Family Services and Childcare Help  
Link: <https://wideopenschool.org/families-and-teachers/family-services/>

13. Get Housing Help During the Coronavirus Pandemic

Link: <https://sf.gov/get-housing-help-during-coronavirus-pandemic>

14. Get Food Resources in SF

Link: <https://sf.gov/get-food-resources>

15. SF Water, Power, and Sewer: Bill Relief Programs

Link: <https://sfwater.org/index.aspx?page=1330>

16. Administration for Children and Families: Child Care.gov Connects COVID-19 Essential Workers and Other Parents to Open Child Care

Link: <https://www.acf.hhs.gov/media/press/2020/child-caregov-connects-covid-19-essential-workers-and-other-parents-to-open-child-care>

17. East Bay Housing Organizations: Rent assistance, food assistance, and more

Link: <http://ebho.org/resources/covid19-get-support/>

18. Bay Area Community Services: COVID-19 Relief-Financial Assistance

Link: <http://bayareacs.org>

19. Keep Oakland Housed

Link: <https://www.keeпоaklandhoused.org>